



The National Mental Health Association (NMHA) is the country's oldest and largest nonprofit organization addressing all aspects of mental health and mental illness. With more than 340 affiliates nationwide, NMHA works to improve the mental health of all Americans through advocacy, education, research and service. As a result of these efforts, many people with mental disorders have sought care and now enjoy productive lives in their communities.

NMHA is consistently rated a top charity by national news, financial and philanthropic publications, including *Newsweek* magazine, *Worth* magazine, *Forbes* magazine, *The Chronicle of Philanthropy*, *The Nonprofit Times*, *SmartMoney* magazine and Charity Navigator.

Children's mental health initiatives are encouraged to get in touch with NMHA affiliates in their regions to work together on National Children's Mental Health Awareness Day events, as well as on other children's mental health events such as NMHA's Childhood Depression Awareness Day (May 9).

**For the current directory of NMHA affiliates, please visit [www.nmha.org/affiliates/directory/index.cfm](http://www.nmha.org/affiliates/directory/index.cfm) and search by region.**

For more information about NMHA, visit [www.nmha.org](http://www.nmha.org) or call (800) 969-NMHA (6642).